

DRSABCD Action Plan



- Infant under 1 year

D

DANGER

Ensure the area is safe for yourself, others and the casualty

R

RESPONSE

Check for response—ask name—squeeze shoulders

No response → Send for help

Response → Make comfortable, monitor response and check for injuries

S

SEND

Call triple zero (000) for an ambulance or ask another person to make the call

A

AIRWAY

Clear and open the airway

No foreign material

1. Leave infant in the position that they have been found. Open airway by tilting head with chin lift.

Foreign material in mouth

1. Place infant casualty face down on forearm with head supported, with mouth slightly downward.
2. Clear foreign material from airway with little finger.
3. Once foreign material is removed, open the airway by tilting head gently into a neutral position.

B

BREATHING

Check for normal breathing - Look and feel for chest movement, listen for air escaping from mouth and nose (an occasional gasp is not normal breathing)

Not breathing normally and no response

1. Place on back on a firm surface. Keep head in neutral position and commence CPR.

Breathing normally

1. Place infant casualty face down on forearm with head supported, monitor breathing and responsiveness, check for and treat any injuries.

C

CPR

Start CPR **30 compressions, 2 breaths (30:2)**

1. Use 2 fingers (index and middle) over the lower half of the breastbone in centre of the chest.
2. Press down 1/3 of depth of chest and give 30 compressions.
3. Open the casualty's airway (neutral position)
4. Place your mouth over the casualty's mouth and nose to seal.
5. Blow gently into mouth for up to 1 second, just enough to see the chest rise and fall.
6. Give 2 breaths.
7. Repeat 30:2
8. Aim for approximately 100 -120 compressions per minute.
9. Continue CPR (30:2) until ambulance arrives or casualty recovers.

D

DEFIBRILLATION

Apply defibrillator as soon as possible (if available) and follow voice prompts. Use defibrillator with paediatric mode and pads if possible.

